

Parish Newsletter

First Sunday
of Lent
Year A

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Parish Website & live webcams of Milford & Rathmullan Churches: www.mrparishes.ie

The Deep End

He is the bread

Lent is a time of renewal and new beginnings. It is a time for us to enter into the suffering and death of Jesus, before celebrating the joy and hope of Easter. It is a time to reflect in a special way on God's word. Jesus tells us in today's Gospel that God's words are nourishing— man does not live on bread alone.

Our focus should not only be on earthly things. Lent reminds us that there is more to life than the physical world. We are all guilty of getting caught up in the practicalities of life; it is only natural to work and rush and plan and worry. Lent offers us an opportunity to reflect on what is really important. The sacrifices we make or the extra effort we put in to become better people this Lent are all part of that spiritual journey.

'We have everything in Christ....

He is everything for us.

If you wish to heal a wound, He is the doctor.

If you burn with fever, He is the rising spring of refreshing water.

If you have need of support, He is your strength.

If you long for heaven, He is the way.

If you seek nourishment, He is the bread. '

ST. AMBROSE.

HAVE MERCY
ON US LORD



FOR WE HAVE
SINNED

Lenten Trócaire Boxes are available in both Churches, please take one for your home

St. Peter's Church, Milford

| | | | |
|----------------------|---------|--|---------------|
| Saturday 4th | 7:30pm | Jennie & John Gallagher | (Anniv) |
| Sunday 5th | 11:00am | First Sunday of Lent John Mc Ginley | (Anniv) |
| Monday 6th | 7:45am | Intention | |
| Tuesday 7th | 7:45am | Intention | |
| Wednesday 8th | 7:45am | Intention | |
| Thursday 9th | 7:45am | Intention | |
| Friday 10th | 7:45am | Intention | |
| Saturday 11th | 7:30pm | Peggy Mc Ardle | (Months Mind) |
| Sunday 12th | 11:00am | Second Sunday of Lent Kathleen Doherty | (Anniv) |

Eucharistic Adoration

Tuesdays - Kerrykeel
9: 00 am – 8: 00 pm

Thursday's - Milford
10: 00 am – 10: 00 pm

Confessions

Milford

After 7: 30 pm Mass
every Saturday

Kerrykeel

5: 30 pm on Saturday's

Our Lady of Lourdes Church, Kerrykeel

| | | | |
|----------------------|---------|---|---------|
| Saturday 4th | 6:00pm | Mary Gibbons | (Anniv) |
| Sunday 5th | 9:30am | First Sunday of Lent Intention | |
| Monday 6th | 10:00am | Intention | |
| Tuesday 7th | 10:00am | Intention | |
| Saturday 11th | 6:00pm | Intention | |
| Sunday 12th | 9:30am | Second Sunday of Lent Intention | |

Please Remember in your Prayers:

Susan Mc Goldrick, who died in Philadelphia, U.S.A recently.

Eddie Brogan, Glenalla, whose Month's Mind Mass takes place in Rathmullan this weekend.

All those whose Anniversaries occur at this time: Mary Gibbons, Jennie & John Gallagher, John Mc Ginley, Katie Leavy, James Reynolds, Bobby Henderson, Hugh Coll, Patrick, Kathleen & Anthony Bradley, John Loughery, Kath Cooney & Patrick & Eddie Gallagher.

Local SVdeP number 086 0611040

This is a dedicated confidential number, just leave a voicemail and a trained SVdeP volunteer will be in touch.

Dancing Milford Hall

Dancing at the Milford Hall continues on Thursday evenings from 8:30-10:30pm.

Baptisms—Milford and Kerrykeel

Baptisms in Milford can be arranged for a Saturday at 4pm only and Sunday at 12noon. In Kerrykeel on a Saturday at 5pm.

Adoration—Holy Hour

The directed Holy Hour will continue EVERY THURSDAY NIGHT FROM 9PM-10PM DURING LENT in the Oratory of St. Peter's Church, Milford.

Shamrocks For Sale

Shamrocks will be on sale as you leave the Church at all masses in aid of the youth of the Parish going to Lourdes and Medjugorje.

Pioneer Lenten Challenge!

Many people abstain from alcohol and take the Short-Term Pledge for the duration of Lent. Make your Lenten pledge by visiting www.pioneerassociation.ie and joining online or by contacting your local Pioneer centre representative. Take this opportunity to help someone you know/love with an alcohol or drug problem by offering up your Lenten sacrifice as a prayer for their freedom and well-being. Go for it and make a difference to someone's life!

St. Patrick's Eve - Fundraising Dance

The annual St. Patrick's Eve Fundraising Dance is, once again, taking place in the Milford Parish Parochial Hall from 9pm to Midnight on Thursday 16th. This year all funds raised will be going to the Milford & District Over 65's Group. Music is being provided by Eamonn Callaghan. Adm is €8, to include refreshments and a Free Prize Draw. Get your St. Patrick's Day celebrations off to a great start. Everyone is welcome to come along and enjoy the craic. Your support is, as always, very much appreciated. Anyone wishing to donate items for the hampers/raffle, contact Mary 9153723.

Medjugorje Irish Centre Pilgrimages:

Airport Transport and 7 nights B&B €279. Tel. 01 4434510 or email reservations@med-irishcentre.com Call for flight info.

Jim Browne's Testimony

Medjugorje Group leader Jim Browne's little miracle goes back to the year 2000. Having endured a life of alcoholism, he was brought to Medjugorje under protest – but he experienced something that would change his life forever. Jim's Testimony can be heard at the Letterkenny Cathedral: Wed 8th March @ 7.30pm St Benedict Crosses will be distributed on the night. These crosses were blessed in Medjugorje on Christmas morning.

Parish Heart Screening Offer

Pulsewave Ireland Cardio Heart screening in Donegal next week. The Bpro certified to measure CASP to 99.17% in comparison to an angiogram and as seen on TV. As Heart Disease is still the biggest killer in Ireland we try to make it affordable for everyone to be screened. Normal cost of screening is €50 per person, Parish offer €30 per person for that we check your Blood Pressure, Heart Rythm, Casp of heart, arterial flexibility and Blood flow. We can assess the risk of heart attack or stroke with a simple non invasive test. Venues as follows Wednesday 8th March The Clanree Hotel Letterkenny & Tuesday 21st March The Lake of Shadows Hotel Bunrana. appointments available from 11am to 8pm daily Call 087-7151623 to make an appointment spaces are limited.

Michaela Foundation

Michaela Foundation are currently recruiting enthusiastic individuals aged 17+ to volunteer at their Summer Camp for girls in Loreto Convent Secondary School, Letterkenny from 3rd – 7th July. At Camp, girls aged 11-13 will engage in a range of volunteer-led activities based on Michaela Foundation's five core elements; Fun, Faith, Fashion, Well-being and Fáilte. Those interested in volunteering should visit www.michaelafoundation.com to learn more about the roles available and to apply online. All volunteers must be vetted and complete child protection training. Further training will be provided for all volunteers. Campette registration will commence online Thursday 2nd March.

Church Collections for last weekend were:

Milford: €1,290.00

Kerrykeel: €370.00

Many thanks for your contributions to the Parish.

Thought for the Week

Work as if you were to live 100 years; Pray as if you were to die tomorrow.

Milford Hall Bingo

Bingo Sunday Night at 8:30pm in the Hall.

Snowball tonight is:
€8,000.00

Second Snowball
€5,300.00



Church Ministries



Milford

Ministers of the Word

Sat 11th March

E. Gallagher & D. Mc Ateer

Sun 12th March

A. Toland & D. Mc Garry

Ministers of the Eucharist

Sat 11th March

K. Logan, M. Mc Nulty,
O. Gallagher

Sun 12th March

T. Reynolds, S. Lynch
& Bernie O Donnell

Children's Liturgy

Sun 12th March Team C

Second Sunday
of Lent

Sun 19th March Team D

Third Sunday
of Lent

Kerrykeel

Ministers of the Word

Sat 11th March

Brian Mc Garvey
L. Sweeney

Sun 12th March

Regina Mc Gettigan

Ministers of the Eucharist

Sat 11th March

Winnie Sandilands

Sun 12th March

Moira Stilvern