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Parish Website & live webcams of Milford & Rathmullan Churches: [www.mrparishes.ie](http://www.mrparishes.ie)

### The Deep End: Rest for your souls

Pope Francis had some strong words of advice recently for priests. As he ordained ten men to the priesthood on Good Shepherd Sunday, he said in his homily:

‘A priest who has perhaps studied much theology and has achieved one or two or three advanced degrees, but has not learned to carry the Cross of Christ, is useless: he will be a good academic, a good professor, but not a priest. Please, I ask you in the name of Christ and of the church to be merciful, always: do not saddle the faithful with burdens they cannot carry – nor ought you so burden yourselves.’

He must have been thinking of the extract from Matthew’s Gospel that we hear today, where Jesus talks about the exact opposite of laying burdens on people – he promises to take them away, and to lighten our load.

I don’t think Jesus is saying that the Christian life is always going to be easy, that there will not be burdens or crosses to carry, or that we should not hold ourselves to high standards. Rather, he is reminding us that when we find ourselves overburdened – tired, frustrated, afraid, overwhelmed, disheartened – help is at hand. He invites us to come to him, and to unload our troubles onto him. He is a place of rest for our weary souls. With Jesus on board, our minds and hearts will be lighter, and we can get on with our tasks with renewed energy and zeal.

Triona Doherty



### St. Peter’s Church, Milford

**Saturday 8th**  
7:30pm Eddie Shiels (1st Anniv)  
**Sunday 9th Fourteenth Sunday in Ordinary Time**  
11:00am Dominic Mc Ginley (Anniv)

**Tuesday 11th**  
10:00am Intention

**Friday 14th**  
10:00am Intention

**Saturday 15th**  
7:30pm Margaret & Paddy Doherty (Anniv)  
**Sunday 16th Fifteenth Sunday in Ordinary Time**  
11:00am Helena Duffy (1st Anniv)

### Eucharistic Adoration

Tuesdays - Kerrykeel  
9: 00 am – 8: 00 pm

Thursday’s - Milford  
10: 00 am – 10: 00 pm

### Confessions

Milford  
After 7: 30 pm Mass  
every Saturday

Kerrykeel  
5: 30 pm on Saturday’s

### Our Lady of Lourdes Church, Kerrykeel

**Saturday 8th**  
6:00pm Intention  
**Sunday 9th Fourteenth Sunday in Ordinary Time**  
9:30am Intention

No weekday Mass

**Saturday 15th**  
6:00pm Grace Doherty (Anniv)  
**Sunday 16th Fifteenth Sunday in Ordinary Time**  
9:30am Intention

**Please Remember in your Prayers:**

**Eddie Shiels**, whose 1st Anniversary Mass takes place in Milford this weekend.

**All those whose Anniversaries occur at this time:**

Domnick Mc Ginley, Tony Conaghan, Johnnie & Nellie Birney, Garry Morris, Sadie Mc Glynn, Una Ferry, Peggy Hanratty, Annie Mc Intyre & Mary Peoples.



**Local SVdeP number 086 0611040**

This is a dedicated confidential number, just leave a voicemail and a trained SVdeP volunteer will be in touch.

**Emergency Calls**

As Fr. Gavigan is away please contact Fr. Martin Colum in Rathmulan in the case of an emergency on 074 9158156. The secretary will be in the office on Monday, Tuesday & Thursday between the hours of 10am & 2pm, or just leave your number and a message on our voicemail and we'll get back to you.

**Baptisms—Milford and Kerrykeel**

For the next few month's Baptisms can be arranged in

**Milford: Saturday only at 4pm**

**Kerrykeel: Saturday only at 5pm.**

**Rosary**

There is a rosary every Tues at 3pm in St. Peter's Church. All welcome, tea served.

**Items For Newsletter**

Please submit all items for the weekly newsletter no later than 12 noon on a Thursday.

**Dates to Remember—2017**

**Graveyard Mass in Tully Cemetery**

Sunday 30th July @ 3pm.

**Graveyard Mass in Milford Cemetery**

Sunday 6th August @ 1pm. **Please note change of time.**

**Graveyard Mass Milford -Time Change**

**Due to our new Bishop being installed to our Diocese on Sunday 6th of August our Graveyard Mass in Milford this year will take place at the earlier time of 1pm that day.**

**Please bring a small bottle of holy water along to the graveyard Mass for the blessing of the graves.**

**Milford Graveyard—New Policy**

As we have now moved to the new part of our graveyard we have put a new policy in place regarding surrounds on graves.

While having a headstone erected on your loved ones grave, it is our policy that **No surround** is to be erected to any grave in the new part of our graveyard.

Your co-operation regarding this policy would be greatly appreciated. Thank You.

**Keep our Graveyards Clean**

While everyone is working hard to have the Cemeteries looking good at all times it would be appreciated if a special effort would be made to have them looking well for the annual cemetery Masses in the Parish which will take place in the next few weeks. Could everyone please ensure that they remove used wreaths and flowers from the graveyard and dispose of them at home. Please do not have old wreaths etc. left lying around the cemetery as it makes the place look untidy. Thank you for your cooperation.

**Milford care of the aged**

Our trip this year is set for July 15th - Saturday starting at 11am from the council office. We will be going to Oakfield park in Raphoe for lunch and a tour around the gardens and a train ride. After we will be going to Ballybofey for some retail therapy or some light refreshments!! We will be back in Mulroy woods for 6pm for evening dinner. Anyone that would like to join us for dinner only please feel welcome to join us at the Mulroy Woods for 6pm also. The total cost of the day will be €20 per person. To book call Grace or Bridin on 91 53624 or 086 8283153.

**The Pastoral Centre- Counselling**

Are you finding life tough? Do you suffer from stress, anxiety or depression?

Have you experienced bereavement and finding it difficult to cope?

The Pastoral Centre offers counselling for adults, children and adolescents in a confidential environment.

We also have a bereavement program that runs for 8 weeks and will begin in September.

We run a suicide support program for 8 weeks that begins late September. This is suitable for anyone who has lost someone to suicide. Groups are small so that people feel safe and supported in a confidential space.

If you are interested in Counselling or any of the groups please do not hesitate to contact the Pastoral Centre at: 074 9121853, or check our website at:

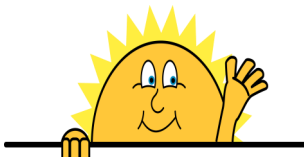
[www.raphoepastoralcentre.ie](http://www.raphoepastoralcentre.ie)

<p><b>Church Collections for last weekend were:</b></p> <p>Milford: €920.00</p> <p>Kerrykeel: €285.00</p>	<p><i>Thought for the Week</i></p> <p><i>He that cannot Obey cannot Command</i></p> <p><i>Benjamin Franklin</i></p>
<p>Many thanks for your contributions to the Parish.</p>	<p><b>Milford Hall Bingo</b> Bingo Sunday Night at 8:30pm in the Hall. <b>Snowball tonight is:</b> €8,000. 00 <b>Second Snowball</b> €6,200. 00</p>



*Church Ministries*



<p><b>Milford</b></p> <p><b>Ministers of the Word</b></p> <p>Sat 15th July Louise Sterritt</p> <p>Sun 16th July Louise Mc Bride</p>	<p><b>Children's Liturgy</b></p> <p>The Children's liturgy are on holidays for the summer months and will resume in September.</p>	<p><b>Kerrykeel</b></p> <p><b>Ministers of the Word</b></p> <p>Sat 15th July Phonsie Mc Ateer</p> <p>Sun 16th July Joe Ferry</p>
<p><b>Ministers of the Eucharist</b></p> <p>Sat 15th July M. E. Gillespie, E. Dyke &amp; H. Doherty</p> <p>Sun 16th July S. O Donnell, K. Ferry &amp; C. O Sullivan</p>	 <p>Summer Vacation</p>	<p><b>Ministers of the Eucharist</b></p> <p>Sat 15th July Brian Mc Garvey</p> <p>Sun 16th July Moira Stilvern</p>