

St. Joseph's Rathmullan & St. Catherine's Oughterlin

Parish Newsletter



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Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 14 th October	7.00pm	St. Joseph's	
Sunday 15 th October	9.00am	St. Joseph's	
	11.00am	St. Catherine's	Joe & Bidy Coll (Anniversary)
Saturday 21 st October	7.00pm	St. Joseph's	John & Patricia Sheridan (Anniversary)
Sunday 22 nd October	9.00am	St. Joseph's	Denis McGinley (Anniversary)
	11.00am	St. Catherine's	

Upcoming Activities, Events and News for Rathmullan

Crochet & Needlework - Tuesday 10th Oct 2017 at 11am

Crochet & Needlework classes will begin in Rathmullan & District Resource Centre on Tuesday 10th Oct from 11am – 1pm. This is a great opportunity to learn a new skill and to meet new faces. For more information or to put your name down, please contact RDRC on rdrc10@gmail.com or phone 074 9158724. *This course is part-funded by the Donegal Education and Training Board Community Education Programme.*

Rathmullan The Way Forward

On behalf of Rathmullan – The Way Forward Group we hope that you have had a great summer and are now looking forward to the changing seasons and challenges ahead. The last meeting we had was on the 29th May and we are now pleased to invite you to attend the next Public Meeting scheduled for 7:30pm on Wednesday 11th October 2017 at the SVDP centre. This meeting will follow a similar format to the previous meetings with an update from each Focus Group on their achievements to date. We will also have time for each group to reset their short, medium and longer term objectives as well as an opportunity for all to revisit Focus Group membership. As with previous meetings we will have an RDRC update and a guest speaker to update us on local topical issues. We hope that you will be able to participate at this meeting and we will shortly have a detailed agenda

available. Please note the date and call John on 086 4405740 or Mick on 087 2837152 for any more information or suggestions.

Rathmullan Foroige Youth Club – Friday, 29th September 2017 Registration night for Rathmullan Youth Club will take place on Friday 29th September at 7pm at the RDRC. A parent or guardian must sign a consent form for all members on joining. The club is for 10-16 year olds. They will enjoy movie and pizza nights, sports and games, crafts, music, discos, social nights, fundraising, community projects, trips and lots more. Any enquiries contact Clare on 086 440 575.

Slim R Us with Karen McGlinchy – Monday, 2nd October 2017 Starting on Monday October 2, there will be a 12-week Slim R Us Programme at the RDRC. Classes will run every Monday at 6pm until December 18. The first class will start at 5pm to allow for body measurements, BMI and weight recording. Cost for 12-week programme is 70 euro and this includes weight record card and meal plan. This can be paid over two installments. So if you want to lose a bit of weight for your party dress, this is your perfect opportunity.

Weekly Activities

WEDNESDAY

Rathmullan Social Walking Group – Wednesday @ 10am Meet outside RDRC every Wednesday morning at 10am and walk at your own pace for about an hour. Routes are varied. All ages and abilities are very welcome. Lots of Flora and Fauna with fresh air and scenery to enjoy and it's on our own doorstep and it's free.

Rinka for kids – Wednesday's at RDRC – 5pm Bounce for 3-5 year olds. 5:45pm iBop for 6+
Rinka – creating healthy bodies, healthy minds and happy hearts. Rinka classes are all-inclusive and age appropriate, focus on making fitness fun for all. DramaFit and Bounce offer alternatives to mainstream sports, ensuring we are helping kids reach their physical activity requirements and not just those who love sport already. Offering children a place where they know they matter, they are capable and they can have fun. Aiming to foster a love of an active, creative lifestyle. Classes are filled on first come first served. Sept/Oct term is 8 weeks. All classes are 45 minutes long. Multiclass/sibling discount rates available. Class sizes are limited. For more information and to book contact Teresa on 086 0848312, email teresa.donohoe.rinka@gmail.com See details on Facebook - @rinkamilford

Rathmullan Celtic Kids Football Academy – Wednesday at 5:45pm at Flag Pole Field
Rathmullan Kids Academy started back Wednesday 20th September. It runs every Wednesday from 5:45pm. All kids are welcome!

THURSDAY

Rathmullan Playgroup – Thursdays from 10:30am
We meet every Thursday from 10:30am – 12:30pm in Rathmullan & District Resource Centre. Everyone is welcome to come along. The kids have a play and a healthy snack, while the adults chill out with a cuppa! Cost is **€3.00 per family**. The group will run for the month of September and will only continue to run depending on numbers.

Pilates – Thursday’s 6:30pm-7:30pm & 7:30pm-8:30pm

Pilates Classes run every Thursday evening at Rathmullan & District Resource Centre. The first class starts at 6.30pm and the later class at 7.30pm. New members welcome. Drop us an email if you wish to join: rdr10@gmail.com or just turn up on the day.

Yoga Due to unforeseen circumstances Yoga classes have been postponed for a time, we will let you know the new date when available.

General Info

Rathmullan Celtic FC Coupons

Rathmullan Football Coupons are back up and running again.: €200 for Jackpot for 14 or more correct or €40 for most correct forecasts. Cost is €1 per coupon entry. For a copy of coupons and more information please contact Alan on 085 750 1579 or email endamcelhinney@gmail.com for a copy.

Rathmullan Celtic FC Membership – “Our Town – Your Club”

Rathmullan Celtic FC are offering Club Membership for the first time this season. Show your support for the club by joining up for just €10. Contact Garry McMahon or any club member to sign up. For more information email: RathmullanCelticFC@outlook.com

Flight of the Earls Exhibition at An Bonnan Bui Get your tickets in An Bonnan Bui Café, exhibition is upstairs. Admission is €2 per person. Kids under 12: €1 Family ticket (2adults & 2 kids) is €5.

Rathmullan Beach Wheelchair

The beach wheelchair is free and available for anyone to avail of. Phone **086 812 3019** to get access to the chair.

Rathmullan Tennis Court Bookings to play on the Tennis Court can now be taken. Please contact Rathmullan and District Resource Centre on rdr10@gmail.com, phone 074 9158724 or send us a Facebook message. €6.00 per hour or annual subscription €50.00 per person. Family/Couple subscription €75.00 per annum.