

St. Joseph's Rathmullan & St. Catherine's Oughterlin

Parish Newsletter



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Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 31 st December	7.00pm	St. Joseph's	
Sunday 1 st January	9.00am	St. Joseph's	MARY THE MOTHER OF GOD
	11.00am	St. Catherine's	
Monday 2 nd January	10.00am	St. Joseph's	
Tuesday 3 rd January	10.00am	St. Joseph's	Dympna Maguire (Anniversary)
Thursday 5 th January	10.00am	St. Joseph's	
Friday 6 th January	7.00pm	St. Joseph's	EPIPHANY OF OUR LORD
Saturday 7 th January	7.00pm	St. Joseph's	Nicola Ward (Anniversary)
Sunday 8 th January	9.00am	St. Joseph's	BAPTISM OF THE LORD
	11.00am	St. Catherine's	

NOTICES:

Visitation of the sick & elderly will take place on Tuesday 3rd January 2017.

Up-coming Activities and Notices for Rathmullan

CAN YOU TAKE THE PLUNGE FOR A GOOD CAUSE?

Special Olympics Ireland is calling on you to get “freezin’ for a reason” by participating in Donegal’s rescheduled Polar Plunge which will take place at Rathmullan Strand in early 2017. You can register at www.specialolympics.ie/polarplunge

WANTED!

Recipes from days gone by in order to raise money for local animal welfare. Booklet being compiled. We are looking for old fashioned or seasonal (Christmas, for example) recipes to add to the collection, but any delicious recipes would be great as well! The recipe can be one that has been in your family for a long time, or one that is particularly special to you. Your contributions will be acknowledged under the recipe, once published. Please send recipes to: or call to discuss, Clare Gallagher, mobile 083 8691409 to e-mail: strayanimalwelfare@gmail.com

AUTHENTIC INDIAN HEAD MASSAGE

Relieves stress & promotes relaxation, headaches, migraines, neck and back pain. Sleeplessness, restlessness and insomnia, symptoms of asthma, anxiety & depression. Classes will resume in the New Year and run weekly every Monday at the Rathmullan & District Resource Centre, from 6pm-8.30pm. For bookings and further info contact: MOHAN on 087 363589. Cost: donation as you wish.

MINDFUL YOGA & MEDITATION – Monday’s 10.00 – 11.30am at the RDRC

Classes have taken a break for the Christmas period and will resume in the New Year. Date will be set for early January. For more information on these classes please contact Madeline Callaghan on 086 8121043. We welcome new faces so please come along!

PARENT & TODDLER GROUP

The Parent & Toddler group will continue at the RDRC every **Thursday from 10.30 a.m. – 12.30 p.m.** Cost is €3.00 per family. All welcome. Come along for a play and some fun!

TINY TUNES MONTHLY FAMILY SESSION

Tiny Tunes monthly family classes will resume on the second Thursday of every month. Fun, music and movement for little movers and shakers of 3 months – 5 years. Classes will resume again in January. Classes start at 11am. For more details and bookings, please contact Jessica on 086 [8249220](tel:0868249220)

FOROIGE – BIG BROTHER BIG SISTER YOUTH MENTORING PROGRAMME

The Big Brother Big Sister Youth Mentoring Programme is seeking male and female adult volunteers who can make a real difference by sharing 1 – 2 hours a week with a young person. For more information contact: Catriona on 086 8213756 or 086 0484459. Email: bbbs.info@foroige.ie www.foroige.ie/bbbs *Foroige – ‘empowering youth, enriching communities’.*

RATHMULLAN TENNIS COURT AT RDRC

Bookings to play on the Tennis Court can now be taken. Please contact Kenny, Tennis Court Co-ordinator, RDRC on 083 8627086. €6.00 per hour or annual subscription €50.00 per person. Family/Couple Subscription €75.00 per annum. Please note footballs can be retrieved from the court at 7pm each evening. Please ensure footballs are clearly initialled for return purposes.

The beach wheelchair is free and available for anyone to avail of. Phone 0868123019 to get access to the chair.