

Parish Newsletter



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Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 19 th August	7.00pm	St. Joseph's	Bridget McGrath (Month's Mind)
Sunday 20 th August	9.00am 11.00am	St. Joseph's St. Catherine's	David Potter (Anniversary)
Monday 21 st August	10.00am	St. Joseph's	SOULS OF THE FAITHFUL DEPARTED
Tuesday 22 nd August	10.00am	St. Joseph's	
Thursday 24 th August	10.00am	St. Joseph's	
Friday 25 th August	7.00pm	St. Joseph's	John McCormick (Anniversary)
Saturday 26 th August	7.00pm	St. Joseph's	Marie Kerr (Anniversary)
Sunday 27 th August	9.00am 11.00am	St. Joseph's St. Catherine's	

NOTICES:

The weekly collection amounted to €1,930. Thank you for your generosity.

Would you like to deepen your Catholic Faith and pass it onto others? Weekly. YouCat classes for adults will begin in September in a relaxed informal setting in Letterkenny. To find out more please email:
YouCatClass@yahoo.com

The next Alzheimer's Café will be our summer outing to Oakfield Park & Gardens in Raphoe. This will take place on Thursday 7th September 2017 from 11am-1pm. Join us for a cup of tea and a scone and some fun! Please contact Mary on 087 9449903 before 31st August if you can attend. The Alzheimer's Café is free of charge and open to all people with Dementia and their families.

The St. Vincent de Paul Society is a voluntary one willing to help families or individuals who find themselves experiencing financial difficulties, long or short term. Please phone 087 1694160, our confidential number.

Rathmullan - Activities, Events, News

Rathmullan Celtic FC Membership – “Our Town – Your Club”

Rathmullan Celtic FC are offering Club Membership for the first time this season. Show your support for the club by joining up for just €10. Contact Garry McMahon or any club member to sign up. For more information email: RathmullanCelticFC@outlook.com

The Rat Race – Rathmullan’s Adventure Race – Saturday 26th August

28k Original or 40k Advanced. Enquiries Contact Liam McLaughlin on 087 6236339. To enter contact Rathmullan & District Resource Centre on rdrc10@gmail.com or phone 074 9158724.

Rathmullan Sailing & Watersports School

It’s been a busy Summer at Rathmullan Sailing School. There are still a few places left in the month of August. For more information – www.rathmullansailing.com To book email: rathmullanwatersports@gmail.com or phone 074 91 58724

Flight of the Earls Exhibition at An Bonnan Bui Get your tickets in An Bonnan Bui Café, exhibition is upstairs. Admission is €2 per person. Kids under 12: €1 Family ticket (2adults & 2 kids) is €5.

Rathmullan Guided Walking Tour – History of Rathmullan – Every Thursday during August

Our fantastic and fascinating Historic Walking Tours with guide, Deirdra Friel, are back for the summer, and will take place every Thursday during July & August. Meet Deirdre at 3pm at the Putting Green for a stroll through Rathmullan’s stunning scenery, while you learn about our rich heritage and all the stories behind it.

Free Rathmullan Walking Tour Guides Available at Local

Once you’ve enjoyed your walk with Deirdre, you can set off on your own with our new colourful DIY walking guide which explores the rich history of the Abbey and The Flight of the Earls, as well as giving details of sea angling, sailing and golf in the area.

Rathmullan Foroige Youth Club

Rathmullan Youth Club will only run if we have enough volunteers. The club will have two groups – 10 – 12 years, and 13 – 18 years, and will meet on Friday evenings in the RDRC in Sept. If you’re up for volunteering and have already completed a form – we need a copy of your birth certificate and passport. If your kids want to join, or you can help us run the club by volunteering on a rota basis, just give the RDRC a call on 9158724 or email on rdrc10@gmail.com.

Rathmullan Beach Wheelchair

The beach wheelchair is free and available for anyone to avail of. Phone **086 812 3019** to get access to the chair.

Rathmullan Tennis Court

Bookings to play on the Tennis Court can now be taken. Please contact Rathmullan and District Resource Centre on rdrc10@gmail.com, phone 074 9158724 or send us a Facebook message. €6.00 per hour or annual subscription €50.00 per person. Family/Couple subscription €75.00 per annum.

Weekly Activities

Pilates – Thursday’s 6:30pm-7:30pm & 7:30pm-8:30pm

Pilates Classes run every Thursday evening at Rathmullan & District Resource Centre. The first class starts at 6.30pm and the later class at 7.30pm. Drop us an email if you wish to join: rdrc10@gmail.com.

Rathmullan Walking Group – Thursdays @ 10am

Change of time for Rathmullan Walking Group. They will meet on Thursdays at 10am. This is part of the Get Ireland Walking initiative. The walking group is facilitated by Maria McGill. Maria provides tips and advice to the group which is aimed at walkers of all ages, abilities and fitness levels. It's great fun, very sociable, and there's a welcome cuppa at the end.

Parent & Toddler Group – Thursdays from 10:30am

With so many new babies being born in Rathmullan last year and since 2017 started, we're looking forward to meeting them all at our weekly Baby & Toddler Group which plays every Thursday at the RDRC from 10.30 a.m. – 12.30 p.m. Everyone is welcome to join in the fun – parents, grandparents, child minders.

Cost is **€3.00 per family**. Come along for a play and some fun, a healthy snack, and a cuppa for the adults. Looking for lots of cute babies and active toddlers (and cute and active adults too) to join in the fun.

Yoga – Monday's 10am – 11:30am at RDRC

Yoga starts back in Sept. For more information contact Madeline Callaghan on 086 8121043. New faces always welcome!

Rinka for kids 3 years+ – Wednesday's from 6th Sept 5pm – 6:30pm at RDRC

Rinka – creating healthy bodies, healthy minds and happy hearts. Rinka classes are all-inclusive and age appropriate, focus on making fitness fun for all. DramaFit and Bounce offer alternatives to mainstream sports, ensuring we are helping kids reach their physical activity requirements and not just those who love sport already. Offering children a place where they know they matter, they are capable and they can have fun. Aiming to foster a love of an active, creative lifestyle. For more information and to book contact Teresa on 086 0848312, email teresa.donohoe.rinka@gmail.com See details on Facebook - @rinkamilford