

St. Joseph's Rathmullan & St. Catherine's Oughterlin

Parish Newsletter



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Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 21 st January	7.00pm	St. Joseph's	Tony McGloin & Family (RIP)
Sunday 22 nd January	9.00am	St. Joseph's	O'Reilly, McGloin families (R.I.P)
	11.00am	St. Catherine's	James & Maggie Coll (Anniversaries)
Monday 23 rd January	10.00am	St. Joseph's	Margaret Day (nee McLaughlin (Anniversary)
Tuesday 24 th January	10.00am	St. Joseph's	
Thursday 26 th January	10.00am	St. Joseph's	
Friday 27 th January	7.00pm	St. Joseph's	Hugh McLaughlin (Anniversary)
Saturday 28 th January	7.00pm	St. Joseph's	Barry McAteer (Anniversary)
Sunday 29 th January	9.00am	St. Joseph's	
	11.00am	St. Catherine's	Paddy Friel (Anniversary)

NOTICES:

The weekly collection amounted to €1,600. Thank you for your generosity.

St. Bridget Eve cross making will take place in Ray Community Centre on Tuesday 31st January. Irish music, dancing and poundies for all the family.

Adoration of the Blessed Sacrament will resume on January 30th from 5pm-9pm.

You are invited to a public meeting on Monday 6th February at 8pm in the SVP Centre Rathmullan. Guest speaker Shaun Quinn (retired CEO of Failte Ireland) and Chairperson Joan Crawford (project manager - Wild Atlantic Way).

Rathmullan The Way Forward 2017-2020.

Would you like to join an 8 week course called “Women of Grace”? It will enable you to discover who you are in the eyes of God, deepen your prayer life, increase your knowledge of scripture and the catholic faith. You are invited to come along to an information session in the Pastoral Centre Letterkenny, at 7.30pm on Wednesday 25th January.

Mulroy Soccer Academy club registration (boys and girls) will take place on Sunday 22nd January at 7pm in Rossnakill Resource Centre.

Rathmullan & District Resource Centre

MINDFUL YOGA & MEDITATION – Monday’s 10.00 – 11.30am at the RDRC

Classes will resume on **Monday Jan 23**. For more information, please contact **Madeline Callaghan** on 086 8121043. We welcome new faces so please come along!

AUTHENTIC INDIAN HEAD MASSAGE – Monday’s 6pm – 8.30pm at the RDRC

Class dates to be confirmed. This fantastic therapy relieves stress & promotes relaxation, headaches, migraines, neck and back pain. Sleeplessness, restlessness and insomnia, symptoms of asthma, anxiety & depression. For bookings and further info contact: **MOHAN** on **087 3635898** or email: info@namastenomad.ie . Payment by voluntary donation.

TAPESTRY /NEEDLEWORK/ CROSS STITCH CLASS - Tuesday’s 11am – 1pm at the RDRC

This is a follow on class from the Knitting and Crocheting held in the centre last year. Come along and learn a new craft, have a chat and enjoy a cup of tea. Cost of course is €25.00 per person for 8 weeks. This course is part-funded by the Donegal Education & Training Board Community Education Programme.

PARENT & TODDLER GROUP – Thursday’s 10.30am – 12.30pm at the RDRC

The Parent & Toddler group meets at the RDRC every Thursday from 10.30 a.m. – 12.30 p.m. Cost is €3.00 per family. All welcome. Come along for a play and some fun. Looking for lots of active toddlers to join in the fun, and adults, of course. New faces welcome.

TINY TUNES MONTHLY FAMILY SESSION – Thursday’s at the RDRC

Tiny Tunes is fun, music and movement for little movers and shakers of 3 months – 5 years. There are no January classes, but the following dates are confirmed so far:

Thursday Feb 9; Thursday March 9, Thursday April 6. Classes start at 11am. For more details and bookings, please contact **Jessica** on **086 8249220** or email info@tinytunes.ie Visit online at www.tinytunes.ie

FOROIGE – BIG BROTHER BIG SISTER YOUTH MENTORING PROGRAMME

The Big Brother Big Sister Youth Mentoring Programme is seeking male and female adult volunteers who can make a real difference by sharing 1 – 2 hours a week with a young person. For more information contact: **Catriona** on **086 8213756** or **086**

0484459. Email: bbbs.info@foroige.ie www.foroige.ie/bbbs

Foroige – ‘empowering youth, enriching communities’.

CAN YOU TAKE THE PLUNGE FOR A GOOD CAUSE?

Special Olympics Ireland is calling on you to get “freezin’ for a reason” by participating in Donegal’s rescheduled Polar Plunge . The new date for the Rathmullan event has still to be confirmed, but you can register at www.specialolympics.ie/polarplunge

UNWANTED CHRISTMAS PRESENTS NEEDED TO HELP STRAY ANIMALS

Do you have any unwanted Christmas gifts that could be used for raffle prizes in aid of animal welfare? They can be handed in to the RDRC, or e-mail: strayanimalwelfare@gmail.com

WE WANT YOUR OLD RECIPES

Recipes from days gone by in order to raise money for local animal welfare. If your granny made a delicious soda bread or her scones were the best in Ireland, let us all in on the secret. Booklet being compiled. We are looking for old fashioned or seasonal recipes to add to the collection, but any delicious recipes would be great as well! The recipe can be one that has been in your family for a long time, or one that is particularly special to you. Your contributions will be acknowledged under the recipe, once published. Please send recipes to: **or call to discuss, Clare Gallagher, mobile 083 8691409 to e-mail: strayanimalwelfare@gmail.com**

RATHMULLAN TENNIS COURT AT RDRC

Bookings to play on the Tennis Court can now be taken. Please **contact Kenny, Tennis Court Co-ordinator, RDRC on 083 8627086**. €6.00 per hour or annual subscription €50.00 per person. Family/Couple Subscription €75.00 per annum. Please note footballs can be retrieved from the court at 7pm each evening. Please ensure footballs are clearly initialed for return purposes.

RATHMULLAN BEACH WHEELCHAIR

The beach wheelchair is free and available for anyone to avail of. Phone **086 8123019** to get access to the chair.