

St. Joseph's Rathmullan & St. Catherine's Oughterlin

Parish Newsletter



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Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 8 th July	7.00pm	St. Joseph's	Paschal O'Hare (Anniversary)
Sunday 9 th July	9.00am	St. Joseph's	Hugh & Margaret Gallagher (Anniversary)
	11.00am	St. Catherine's	
Monday 10 th July	10.00am	St. Joseph's	
Tuesday 11 th July	10.00am	St. Joseph's	
Thursday 13 th July	10.00am	St. Joseph's	
Friday 14 th July	7.00pm	St. Joseph's	James Deeney (Anniversary)
Saturday 15 th July	7.00pm	St. Joseph's	Michael Boyce (Anniversary)
Sunday 16 th July	9.00am	St. Joseph's	Hugh, Mena & Colin McFadden (Anniversary)
	11.00am	St. Catherine's	Margaret & Eddie Deeney (Anniversary)

NOTICES:

The Weekly collection amounted to €2,180. Thank you for your generosity.

Thank you for the donation of €200 received for the restoration work of the stained glass windows.

Graveyard Mass will take place on **Sunday 16th July at 3pm**. Graveyard Service will take place in **Killygarvan graveyard at 5.30pm**

The St. Vincent de Paul Society is a voluntary one willing to help families or individuals who find themselves experiencing financial difficulties, long or short term. Please phone 087 1694160, our confidential number.

Pilates Classes will be starting up again on Thursday 6th July for 6 weeks at Rathmullan & District Resource Centre. There is going to be two classes, and the times have changed slightly. The first class will start at 6.30pm and the later class at 8pm. There is still a few places available so drop us an email rdrc10@gmail.com, or FB message if you wish to attend.

A 3 day **Watercolour Painting Course** with BBC TV Artist Dermot Cavanagh, will be held in Rosguill Downings from 17th-19th July 2017. All art materials provided. Beginners welcome. 10.00am-4.30pm each day. Contact +44(0)2887784166 or mobile +44(0)7919593756. Email: info@dermotcavanagh.com. Price £199. Pre booking is essential.

Let Dermot Cavanagh bring out the Artist in you!

Are you finding life tough? Do you suffer from stress, anxiety or depression? Have you experienced bereavement and finding it difficult to cope? The Pastoral Centre offers counselling for adults, children and adolescents in a confidential environment. We also have a bereavement program that runs for 8 weeks that begins late September. This is suitable for anyone who has lost someone to suicide. Groups are small so that people feel safe and supported in a confidential space. If you are interested in counselling or any of the groups please do not hesitate to contact the pastoral Centre at 0749121853 or check our website at www.raphoepastoralcentre.ie

Rathmullan Water Safety/Swimming Week

Swimming and water safety classes take place on Monday 17th July to 21st July 2017. Registration is at 9:30am on Monday 17th in the car park. €30 per child with family discounts available. Contact Kate on 083 8300989 for more information.

Volunteering

Rathmullan 5K takes place on Friday 14th July. Registration starts at 6pm and the race begins at 7:30pm. If anyone is free to marshal or help with the registration please get in touch. The Rathmullan Community Festival takes place from Friday 4th August until Monday 7th August. If anyone is around to help out in any way over this weekend please get in touch. Contact Rathmullan & District at rdrc10@gmail.com or phone 074 9158724. Any help would be greatly appreciated.

Summer Supper Night at Otway Golf Club

Saturday 15th July from 7:30pm. BBQ & salad or curry & rice with a complimentary glass of wine. Music by Anthony. Tickets cost €10. Proceeds are in aid of club funds and RNLI. There will be a raffle on the night. Tickets are available from Patricia McAteer/White Harte Bar - 087 2314332, Thomas Merritt - 086 1918303, Hazel Russell - 086 2804555, Orla Gallagher - 087 7670735, Paddy Lynch - 086 6691626, Martin Duffy - 087 2447703.

Upcoming Activities, Events and News for Rathmullan

SERVING UP A SUMMER OF TENNIS Parks Tennis Summer Camps Coaching for boys & girls starts for 4 weeks from 3rd July to 28th July at Rathmullan Tennis Court. Fee - €30 per child or €80 family rate. All equipment: racquets and balls supplied. For further info phone Mary on 087 977 3957.

Rathmullan Tennis Court Bookings to play on the Tennis Court can now be taken. Please contact Rathmullan and District Resource Centre on rdrc10@gmail.com, phone 074 9158724 or send us a Facebook message. €6.00 per hour or annual subscription €50.00 per person. Family/Couple subscription €75.00 per annum.

Rathmullan Walking Tour [Donegal Heritage Trails](#) - a journey through time. Starting in Rathmullan next Thursday 6th July at 3pm and will continue every Thursday at 3pm during July & August. Meet at the

Putting Green Hut, Rathmullan. Cost is €5 per person. Children accompanied by adults are free. For more details contact Deirdra on 086 2421008.

RATHMULLAN 5K RUN/WALK – takes place on Friday July 14 at 7.30pm.

FREE RATHMULLAN WALKING TOUR GUIDES NOW AVAILABLE AT LOCAL BUSINESSES A colourful guide outlining a walk which explores Rathmullan's history surrounded by stunning scenery. It also details our rich history of the Abbey and The Flight of the Earls, as well as giving details of sea angling, sailing, golf and guided walking tours.

RATHMULLAN FOROIGE YOUTH CLUB Rathmullan Youth Club will start in September. The club will have two groups – 10 – 12 years, and 13 – 18 years, and will meet on Friday evenings in the RDRC. If your kids want to join, or you can help us run the club by volunteering on a rota basis, just give the RDRC a call on 9158724 or email on rdr10@gmail.com.

Flight of the Earls Exhibition at An Bonnan Bui Get your tickets in An Bonnan Bui Café, exhibition is upstairs. Admission is €2 per person. Kids under 12: €1 Family ticket (2adults & 2 kids) is €5.

CLASSES

RATHMULLAN WALKING GROUP – EVERY WEDNESDAY AT 12.30PM

Rathmullan Walking Group meets at the RDRC every Wednesday at 12:30pm. This is part of the Get Ireland Walking initiative. The walking group is facilitated by Maria McGill. Maria provides tips and advice to the group which is aimed at walkers of all ages, abilities and fitness levels. It's great fun, very sociable, and there's a welcome cuppa at the end.

RATHMULLAN CELTIC KIDS SOCCER COACHING – EVERY WEDNESDAY 5.45PM – 7PM

Rathmullan Celtic kids' soccer coaching sessions are now on every Wednesday from 5.45pm to 6.45pm at the Flagpole Field. Make sure the kids bring plenty of warm clothes, and a drink. The soccer academy will keep running until Wednesday 12th July 2017. Any questions call **Mark Curran** on **086 873 2749**

BABY & TODDLER GROUP – THURSDAY'S 10.30AM – 12.30PM IN RDRC With so many new babies being born in Rathmullan last year and since 2017 started, we're looking forward to meeting them all at our weekly Baby & Toddler Group which plays every Thursday at the RDRC from 10.30 a.m. – 12.30 p.m. Everyone is welcome to join in the fun – parents, grandparents, child minders. Cost is **€3.00 per family**. Come along for a play and some fun, a healthy snack, and a cuppa for the adults. Looking for lots of cute babies and active toddlers (and cute and active adults too) to join in the fun

RATHMULLAN SAILING & WATERSPORTS SCHOOL is now taking bookings for Summer Courses 2017. Visit www.rathmullansailing.com for more details.

TO BOOK: Please email rathmullanwatersports@gmail.com or phone **086 812 3019/074 91 58724**

RATHMULLAN BEACH WHEELCHAIR

The beach wheelchair is free and available for anyone to avail of. Phone **086 812 3019** to get access to the chair.

[WE NEED YOUR HELP](#)

FOROIGE –YOUTH MENTORING PROGRAMME - MONDAYS FROM 6-7pm AT RDRC

The Big Brother Big Sister Youth Mentoring Programme is seeking male and female adult volunteers who can make a real difference by sharing 1 – 2 hours a week with a young person. For more information contact us here at the RDRC or **Catriona** on **086 8213756** or **086 0484459**. Email: bbbs.info@foroige.ie www.foroige.ie/bbbs

Foroige – 'empowering youth, enriching communities'.