

St. Joseph's Rathmullan & St. Catherine's Oughterlin

Parish Newsletter



Fr. Martin Collum
Parochial House, Rathmullan
Phone: 074 9158156
Email: mcolm@eircom.net

Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 2 nd September	7.00pm	St. Joseph's	Teresa Doherty (Anniversary)
Sunday 3 rd September	9.00am	St. Joseph's	Terence O'Reilly (Anniversary) Nuala Murnaghan (Months Mind)
	11.00am	St. Catherine's	
Monday 4 th September	10.00am	St. Joseph's	Kathleen McLaughlin (Anniversary)
Tuesday 5 th September	10.00am	St. Joseph's	
Thursday 7 th September	10.00am	St. Joseph's	
Friday 8 th September	7.00pm	St. Joseph's	Liam McFadden (Anniversary)
Saturday 9 th September	7.00pm	St. Joseph's	Mick & Emmie McLaughlin (Anniversary)
Sunday 10 th September	9.00am	St. Joseph's	
	11.00am	St. Catherine's	

NOTICES

The weekly collection amounted to €1,855. Thank you for your generosity.

Thank you for the donation of €50 towards the restoration of the stained glass windows.

The St. Vincent de Paul Society is a voluntary one willing to help families or individuals who find themselves experiencing financial difficulties, long or short term. Please phone 087 1694160, our confidential number.

The committee of Coiste Forbartha Ghleann Bharr hope to run the following classes in Glenvar school, depending on numbers and funding. Classes will begin at beginning of October.

1) **SEWING CLASS** This class is restricted to ten people.

2) **HEALTH AND BEAUTY**

Living classes will begin in Glenvar School **on SUNDAY 1st October** from 7pm to 8pm. Admission €6. If interested please call Marion McFadden on 074 9150020 after 3pm or 086 609 5342.

HOUSE CLEARANCE – On Saturday 9th September from 10am-4pm

At Hollybank, Ballyboe. Take L5452 (opposite Waters Edge, Continue ¼ mile up road and Hollybank on right. Cream/Yellow bungalow.

Beds, Soft Furnishings, Pictures, Kitchen Utensils, Glasses, Cutlery, Crockery and Clothes.

Contact S.Ingram 0864581147

Ray Community Centre

Women & Men on the move Women starting back on Monday 4th September and weekly Mondays & Wednesdays at 8.15pm-9.15pm. Men starting back Tuesday 5th September and weekly Tuesdays & Thursdays 8pm-9pm. All health checks will be done on the first nights by medical professionals and Karen from Donegal Sports Partnership and our tutors Kieran Boyle & Paddy Shiels will be there kicking off the programmes. We welcome new members as our programme is done to suit all levels of fitness and from age 18-80+. Monthly membership is only €25

Children on the move We are delighted to be starting back a new programme on Monday 11th September for all primary school age children and we welcome children with additional needs. Exercise through fun and introduction to Gymnastics. Times are as before, group 1: 3.30-4.15pm and group 2: 4.30-5.15pm. This will be a 10 week programme cost for 1 child €45, 2 children same family €80, 3 or more children from same family €100. We still have places on this programme if you would like to contact Liam on 086 4519656. For all results from the recent children programme that we held before the summer by Donegal Sports Partnership contact Liam at the centre.

Social Dancing Our ever popular Social Dancing will be returning on Saturday 7th October from 8.30pm-10.30pm. This is an enjoyable evening of music by James Sandilands and two hand dancing. This is a lovely social evening for all from the wider community to get together and socialise and have a cuppa tea too. Don't worry if you don't know the dances as James and his team will get you on the floor dancing in no time

Circuit training with Kieran Returns on Wednesday 6th September from 7pm-8pm. Will run then every Monday & Wednesday evenings 7pm-8pm. We look forward to our regulars returning and welcome new people of all fitness levels and Kieran will be there to help get new beginners started on their road to fitness.

Bums & Tums with Paddy Starting back on Tuesday 12th September at 10am-11am. This class will be on then every Tuesday & Thursday mornings 10am-11am. This class is for all ages and levels of fitness and Paddy will be there to help all get fit and toned.

Upcoming Activities, Events and News for Rathmullan

Flight of the Earls Exhibition at An Bonnan Bui Get your tickets in An Bonnan Bui Café, exhibition is upstairs. Admission is €2 per person. Kids under 12: €1 Family ticket (2adults & 2 kids) is €5.

Rathmullan Foroige Youth Club: Rathmullan Youth Club will only run if we have enough volunteers. The club will now have just one group – 10 – 18 year olds, and will meet on Friday evenings in the RDRC in Sept from 6:30pm – 8pm. If you're up for volunteering and have already completed a form – we need a copy of your

birth certificate and passport. If your kids want to join, or you can help us run the club by volunteering on a rota basis, just give the RDRC a call on 9158724 or email on rdrc10@gmail.com.

Rathmullan Beach Wheelchair

The beach wheelchair is free and available for anyone to avail of. Phone **086 812 3019** to get access to the chair.

Rathmullan Tennis Court

Bookings to play on the Tennis Court can now be taken. Please contact Rathmullan and District Resource Centre on rdrc10@gmail.com, phone 074 9158724 or send us a Facebook message. €6.00 per hour or annual subscription €50.00 per person. Family/Couple subscription €75.00 per annum.

Weekly Activities

Yoga – Monday’s 10am – 11:30am at RDRC

Due to unforeseen circumstances Yoga classes have been postponed for a time, we will let you know the new date when available.

Rathmullan Social Walking Group – Wednesday @ 10am

Meet outside RDRC every Wednesday morning at 10am and walk at your own pace for about an hour. Routes are varied. All ages and abilities are very welcome. Lots of Flora and Fauna with fresh air and scenery to enjoy and it’s on our own doorstep and it’s free!!

Rinka for kids – Wednesday’s at RDRC – 5pm Bounce for 3-5 year olds. 5:45pm iBop for 6+

Rinka – creating healthy bodies, healthy minds and happy hearts. Rinka classes are all-inclusive and age appropriate, focus on making fitness fun for all. DramaFit and Bounce offer alternatives to mainstream sports, ensuring we are helping kids reach their physical activity requirements and not just those who love sport already. Offering children a place where they know they matter, they are capable and they can have fun. Aiming to foster a love of an active, creative lifestyle. Classes are filled on first come first served. Sept/Oct term is 8 weeks. All classes are 45 minutes long. Multiclass/sibling discount rates available. Class sizes are limited. For more information and to book contact Teresa on 086 0848312, email teresa.donohoe.rinka@gmail.com See details on Facebook - @rinkamilford

Rathmullan Playgroup – Thursdays from 10:30am

We meet every Thursday from 10:30am – 12:30pm in Rathmullan & District Resource Centre. Everyone is welcome to come along. The kids have a play and a healthy snack, while the adults chill out with a cuppa! Cost is €3.00 per family. The group will run for the month of September and will only continue to run depending on numbers.

Pilates – Thursday’s 6:30pm-7:30pm & 7:30pm-8:30pm

Pilates Classes run every Thursday evening at Rathmullan & District Resource Centre. The first class starts at 6.30pm and the later class at 7.30pm. Drop us an email if you wish to join: rdrc10@gmail.com.