

St. Joseph's Rathmullan & St. Catherine's Oughterlin

Parish Newsletter



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Parish Website & live webcams of
Milford & Rathmullan Churches: www.mrparishes.ie

Graveyard Website: www.irishgraveyards.ie

DATE	TIME	CHURCH	INTENTIONS
Saturday 20 th January	7.00pm	St. Joseph's	Margaret Day (nee McLaughlin) (Anniversary)
Sunday 21 st January	9.00am	St. Joseph's	Tony McGloin, McGloin Family (Anniversary) James Coll (Anniversary)
	11.00am	St. Catherine's	
Monday 22 nd January	10.00am	St. Joseph's	McGloin, O'Reilly Families RIP
Tuesday 23 rd January	10.00am	St. Joseph's	
Thursday 25 th January	10.00am	St. Joseph's	
Friday 26 th January	7.00pm	St. Joseph's	
Saturday 27 th January	7.00pm	St. Joseph's	Barry McAteer (Anniversary)
Sunday 28 th January	9.00am	St. Joseph's	Paddy Friel (Anniversary)
	11.00am	St. Catherine's	

NOTICES:

The weekly collection amounted to €1,590. Thank you for your generosity.

FAMILY PRAYER

God, our Father, We are brothers and sisters in Jesus your Son,

One family, in the spirit of your love.

Bless us with the joy of love.

Make us patient and kind, gentle and generous, welcoming to those in need.

Help us to live your forgiveness and peace.
Protect all families with your loving care,
Especially those for whom we now pray:
Increase our faith, strengthen our hope, Keep us safe in your love,
Make us always grateful for the Gift of life that we share
This we ask, through Christ our Lord. Amen.

Discover Learning: Are you an adult interested in returning to education or are currently engaged in learning and considering progression onto further study? – then this event is for you – **Donegal ETB Further Education and Training Fair 2018- Mount Errigal Hotel, Letterkenny, Wednesday, 24th January 11am-3.00pm.** Open and free to all adults.

2018 Weekly Activities at RDRC

A Public Meeting of Rathmullan, the Way Forward, will take place on Wednesday night, 31st January at 7.30pm in the St. Vincent de Paul Centre. All are welcome.

MONDAY Slim R Us with Karen McGlinchy at 6pm Weekly Slim R Us at the RDRC will resume on Monday 8th January 2018 at 6pm. Cost is €6.50 per week and this includes weight record card and meal plan. New members welcome.

TUESDAY RINKA – NEW DAY – TUESDAY 9th Jan 2018 Starting Tuesday 9th January 2018. Get your kids active through the fun and exciting RINKA kids' classes for ages 3-12 years at Rathmullan District and Resource Centre. Please note that classes will be running on TUESDAYS from now on to accommodate those who attend the soccer academy. Classes available are: 4.45pm Bounce age 3-5 years, 5.30pm IBOP SNRS age 6-12 years and 6.15pm Bounce age 6-10 years. Please contact Teresa on 0860848312 to book a place or to find out more info!

WEDNESDAY Rathmullan Social Walking Group, meet at 10am Meet outside RDRC every Wednesday morning at 10am and walk at your own pace for about an hour. Routes are varied. All ages and abilities are very welcome. Lots of Flora and Fauna with fresh air and scenery to enjoy and it's on our own doorstep and it's free.

THURSDAY Rathmullan Playgroup – NEW TIME Thursdays from 10am – 12noon
Rathmullan's Parent & Toddler Group will start up again on Thursday 11th January 2018 from the new time of 10am – 12noon in Rathmullan & District Resource Centre. Everyone is welcome to come along. The kids have a play and a healthy snack, while the adults chill out with a cuppa! Cost is **€3.00 per family**. New members welcome!

Pilates – Thursday's 6:30pm-7:30pm & 7:30pm-8:30pm
Pilates will resume on Thursday 11th January 2018 at Rathmullan & District Resource Centre. The first class starts at 6.30pm and the later class at 7.30pm. New members welcome. Drop us an email if you wish to join: rdrc10@gmail.com or just turn up on the day.

FRIDAY

Rathmullan Foroige Youth Club resuming Friday 5th January 2018 at 6.30pm

We are pleased to say that the Rathmullan youth club has been a great success over the last few months. We are still looking for volunteers to come on board in the New Year. We're looking forward to the year ahead starting up again on Friday 5th January 2018.

SATURDAY

Yoga for Sports An introduction to yoga for sports will begin in RDRC for 3 weeks with the view to continue. Beginning on Saturday 20th January 2018 until 3rd February 2018 from 10am – 11:15am. To

help with flexibility....full range of movement, focus, balance and relaxation. €25 for 3 weeks or €10 per class, drop-in. Contact Jane on 086 836 7776 for more information or to book.